

# August

We have the  
coolest  
residents  
and the  
hottest  
staff  
in town!



**BETHESDA GARDENS**  
a Bethesda Senior Living Community

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>CODING GR = Garden Room P = Parlor L = Lodge</p> <p>Schedule is subject to change without prior notice.</p>	<p>CODING AC = American Cottage AR = Activity Room WD = West Dining Room ED = East Dining Room</p>	<p>1 Parents Day 10a: Tea Toss 15 - P 10:30a: Devotional w/AI - P 11a: Paint &amp; Express - AR 2p: Community Puzzles 6p: Indoor Walk</p>	<p>2 <b>DOCTOR APPT DAY</b> 10a: Birdhouse Rockin' 15 - BH 10:30a : Word Unscramble - AR 2p: BINGO - AR 6p: Indoor Walk</p> 	<p>3 10a: Cottage Delight 15 - AC 10:30a: Craft: Artwork Portfolio- AR 3p: Top Your Sundae Social - AR 4p: Paint &amp; Express - AR 6p: Indoor Walk</p>	<p>4 10:30a: BINGO - AR 1:15p: Trip to Kroger 3:30p: Door-to-Door Popcorn 4p: Jenga - P 6p: Indoor Walk</p> 	<p>5 Independent Art &amp; Games Anytime 10a: Jenga - AR 2p: BOGGLE - AR 6p: Community Puzzles</p>
<p>6 <i>Independent art &amp; games are always available.</i> 10a: Adult COLOR BOOKS - AR 1p: Community Puzzles 3p: Independent Games</p>	<p>7 <b>DOCTOR APPT DAY</b> 10a: Backyard Swing 15 - GR 10:30a: No Bake Chocolate Cake - AR 2p: Trip to Cato's - ED/WD (women's clothing/accessories) 3:30p: Reminisce the Headlines - AR 6p: Indoor Walk</p>	<p>8 10a: Tea Toss 15 - P 10:30a: Devotional w/AI - P 11a: Paint &amp; Express Adult COLOR BOOKS- AR 2p: Trip to Cato's (women's) Store - AR 3p: Independent Games</p>	<p>9 <b>HAPPY BIRTHDAY JUANITA!</b> <b>NO APPOINTMENTS TODAY</b> Pam's Vacation, Aug 9-15 10:30a : Word Search - AR 11a: Paint &amp; Express Adult COLOR BOOKS- AR 2p: BINGO - AR 6p: Indoor Walk</p>	<p>10 10:30a : Word Search - AR 11a: Adult COLOR BOOKS- AR 2p: Independent Games 6p: Indoor Walk</p>	<p>11 10:30a : Word Search - AR 11a: Paint &amp; Express Adult COLOR BOOKS- AR 2p: Independent Games 6p: Indoor Walk</p>	<p>12 Independent Art &amp; Games Anytime 10a: Jenga - AR 2p: BOGGLE - AR 6p: Community Puzzles</p>
<p>13 <i>Independent art &amp; games are always available.</i> 10:30a: Church Service - AR 1p: Independent Games - AR 6p: Community Puzzles</p>	<p>14 <b>DOCTOR APPT DAY</b> <b>NO APPOINTMENTS TODAY</b> 10:30a: Rock the Table - AR 2p: Word Search - AR 4p: Community Puzzles 6p: Indoor Walk</p> 	<p>15 10:30a: Devotional w/AI - P 11a: Paint &amp; Express Adult COLOR BOOKS - AR 3p: Word Search - AR 4p: Independent Games 6p: Indoor Walk</p>	<p>16 <b>DOCTOR APPT DAY</b> 10a: Birdhouse Rockin' 15 - BH 10:30a: Word Unscramble - AR 2p: BINGO - AR 6p: Independent Games</p>	<p>17 10a: Cottage Delight 15 - AC 10:30a: Sorting Day - AR 2p: Ent: Country Cousins - ED 3p: Manicures - AR 4p: Paint &amp; Express - AR 6p: Indoor Walk</p>	<p>10:30a: BINGO w/Doug - AR 1:15p: Trip to Walmart -ED 3:30p: Farkle - AR 4p: Penny Ante - AR 6p: Indoor Walk</p>	<p>19 Independent Art &amp; Games Anytime 10a: Jenga - AR 2p: BOGGLE - AR 6p: Community Puzzles</p>
<p>20 <i>Independent art &amp; games are always available.</i> 10a: Adult COLOR BOOKS- AR 1p: Independent Games - AR 6p: Community Puzzles</p>	<p>21 <b>DOCTOR APPT DAY</b> 10a: Backyard Swing 15 - GR 10:30a: Cupcake Decorating - AR 3p: Stories 'n Legends - AR 6p: Indoor Walk</p>	<p>22 10:30a: Devotional w/AI - P 11a: Paint &amp; Express Adult COLOR BOOKS - AR 3p: Independent Games 6p: Indoor Walk</p>	<p>23 <b>DOCTOR APPT DAY</b> 10a: Birdhouse Rockin' 15 - BH 10:30a : Word Search - AR 2p: BINGO - AR 6p: Indoor Walk</p> 	<p>24 10a: Cottage Delight 15 - AC 10:30a: Slideshow Presentation: Texas Beauty - AR 3p: Manicures - AR 4p: Paint &amp; Express - AR</p>	<p>25 10:30a: BINGO - AR 11:30: Lunch @ KFC - ED/WD 3p: Comedy Classics &amp; Popcorn -AR 6p: Indoor Walk</p>	<p>26 Independent Art &amp; Games Anytime 10a: Jenga - AR 2p: BOGGLE - AR 6p: Community Puzzles</p>
<p>27 <i>Independent art &amp; games are always available.</i> 10:30a: Church Service - AR 1p: Independent Games - AR 6p: Indoor Walking</p>	<p>28 <b>DOCTOR APPT DAY</b> <b>HAPPY BIRTHDAY JOSEPHINE!</b> 10a: Backyard Swing 15 - GR 10:30a: Door-to-Door Popcorn - AR 3p: Coke Float Day - AR 6p: Indoor Walk</p>	<p>29 10a: Tea Toss 15 - P 10:30a: Devotional w/AI - P 11a: Bethesda Rummy - AR 2p: Special Day &amp; Time BINGO - ED 6p: Indoor Walk</p>	<p>30 <b>DOC APPT DAY</b> 10a: Birdhouse Rockin' 15 - BH 11a: Resident Council - AR 3p: Birthday Bash! - ED Featuring Ent: Paul Demer/time 6p: Indoor Walk</p>	<p>31 10a: Cottage Delight 15 - AC 10:30a: Clip Store Coupons - AR 3p: Manicures - AR 4p: Paint &amp; Express - AR 6p: Indoor Walk</p>	<p>Breakfast: 7:30AM—8:30AM Lunch: 12:00PM—1:00PM Dinner: 5:00PM—6:00PM <u>Always Available Menu:</u> 7:30AM - 6:00PM</p>	