


December



BETHESDA GARDENS
a Bethesda Senior Living Community

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 10am Bingo 11:30 Trip to Braums 2pm History in Review 3pm Dominos 6pm Movies	2 11am Exercise 2pm Art Class w/ Kary
3 Independent Games & Community Puzzles	4 10am Bible Study 11am Exercise 11:30 Uno 2pm Trip to Goodwill	5 10am Hangman 11am Devotion w/Al 11:30 Trivia 2pm Cookie Cutters 3pm Penny Ante	6 Transportation Day 10am St Nick Shoes 11am Exercise 2pm Bingo 3pm Spades 6pm Walking Club	7 10am Famous Faces 11:30 Pokeno 2pm Paint Class 3pm St Nick Social	8 10am Bingo 11:30 Trip to Lisa's 2pm Bookmarks 3pm Name That Spouse 6pm Movies	9 11am Exercise 2pm Movies
10 Independent Games & Community Puzzles	11 10am Bible Study 11am Exercise 11:30 Dominoes 2pm Trip to Kroger	12 10am Scrabble 11am Devotion w/Al 11:30 Pokeno 2pm Ol' Blue Eyes Special 3pm Today in History	13 Transportation Day 10am Hangman 11am Exercise 2pm Bingo 3pm Hanukkah Art 6pm Walking Club	14 10am Peanuts Social 11:30 Jane Austen's Bday 2pm Crafts 3pm Manicures	15 10am Bingo 11:30 Trip to Burger Box 2pm Christmas Word Search 3pm 12 Days of Christmas 6pm Movies	16 11am Exercise 2pm Art Class w/ Kary
17 Independent Games & Community Puzzles	18 10am Bible Study 11am Exercise 11:30 Pokeno 2pm Trip to Dollar Tree	19 10am Coffee & Chat 11am Devotion w/Al 11:30 Pokeno 2pm Baby Pictures Display 3pm Word Search	20 Transportation Day 10am Christmas Quiz 11am Exercise 2pm Bingo 3pm No Bake Banana Pudding 6pm Walking Club	21 10am Hangman 11:30 Resident Council 2pm Paint Class 3pm Jack Frost Memories	22 10am Bingo 12:00 Resident Christmas Dinner ENT. John Goodwin 3pm Christmas Crossword	23 11am Exercise 2pm Card Games
24 Independent Games & Community Puzzles	25 	26 10am Hangman 11am Devotion w/Al 11:30 Card Games 2pm Favorite Recipe 3pm Bango	27 Transportation Day 10am Rock the Table 11am Exercise 2pm Bingo 3pm Big Band Showcase 6pm Walking Club	28 10am Word Games 11am Food Council 2pm Crafts 3pm Manicures	29 10am Bingo 11:30 Trip to Crackerbarrel 2pm Today in History 3pm Cookies & Chat 6pm Movies	30 11am Exercise 2pm Art Class w/ Kary
31 Independent Games & Community Puzzles						<u>Meal Times:</u> Breakfast: 8AM—9AM Lunch: 12:00PM—1:00PM Dinner: 5:00PM—6:00PM